

Year 4/5/6 long term PE overview

3 year cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A 2024-25	Year 5 Personal	Year 5 Social Coach: Dance	Year 5 Cognitive Coach: Gymnastics	Year 5 Creative	Year 5 Physical Swimming Coach: Cricket	Year 5 Health & Fitness Swimming OAA
Year B 2025-26	Year 6 Personal	Year 6 Social Coach: Dance	Year 6 Cognitive Coach: Gymnastics	Year 6 Creative	Year 6 Physical Swimming Coach: Cricket	Year 6 Health & Fitness Swimming OAA
Year C 2026-27	Year 4 Personal	Year 4 Social Coach: Dance	Year 4 Cognitive Coach: Gymnastics	Year 4 Creative	Year 4 Physical Swimming Coach: Cricket	Year 4 Health & Fitness Swimming OAA