

Year EYFS/Year 1 long term PE overview

2 year cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A 2024-25	Year 1 Personal	Year 1 Social	Year 1 Cognitive	Year 1 Creative	Year 1 Physical	Year 1 Health & Fitness
Year B 2025-26	Foundation Personal	Foundation Social	Foundation Cognitive	Foundation Creative	Foundation Physical	Foundation Health & Fitness