



PE POLICY

PURPOSE

This policy reflects the values and philosophy of Blackford CE Primary School in relation to Physical Education.

RATIONALE

Physical Education is a foundation subject within the National Curriculum. In this school we teach PE using a skills based holistic approach; realPE.

Blackford CE Primary School aims through physical education to:

- provide fundamental skills and the motivation to opt for physical activity as a lifestyle habit;
- enable every pupil to be as independently active as possible;
- provide and contribute to the whole school curriculum through, for example artistic, aesthetic, personal and social education, health and fitness and cross-curricular learning.

AIMS

To become independently active the pupils will be provided with the following opportunities to:

- develop the knowledge, understanding and skills to plan, perform and critically appraise their own and others' performance of an activity;
- develop personal qualities such as self-esteem, self-confidence, tolerance and empathy;
- develop an understanding of healthy living and life-long effective exercise;
- experience and appreciate the contribution of physical education and the benefits of participating in physical activities in school and throughout life;
- develop personal and inter-personal skills;
- appreciate and enjoy moving and achieving in physical activity, and develop competence and confidence in physical skills;
- understand and appreciate a range of kinds of physical activity;
- learn to cope responsibly with success and failure, and to appreciate the importance of fair play and of abiding by the rules and codes of conduct in all activities;
- value safety codes;
- have fun!

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These aims will be developed in a context which ensures access to:

- a broad and balanced programme;
- curriculum time – 2 hours per week;
- appropriate groupings, experience, ability, gender etc;
- facility use;
- safety – providing challenge but eliminating danger.

PLANNING

Curriculum planning is organised into three levels.

- Long-term planning gives a broad curriculum framework for each year of each key stage to include all areas of activity within physical education. Based on National Curriculum.
- Medium term planning is undertaken by the class teachers which will, if requested, be supported by the subject co-ordinator.
- Short-term planning – as appropriate.

ORGANISATION

- Within the lessons pupils are taught as a class, in groups and as individuals depending upon activities.
- Foundation Stage children are taught according to the 'Foundation Stage' curriculum.
- All pupils are taught by their class teacher for two hours per week following the realPE scheme.
- Swimming is taught to KS2 by qualified instructors, with teacher support, usually during the summer term.
- Opportunities for outdoor education are provided by qualified instructors on an optional residential visit at an Outdoor Adventure Centre (with teacher input).

ASSESSMENT

Assessment techniques used include mainly teacher observations, but also discussions between pupil and teacher. Our knowledge and skills progression grids are used as a tool, not only to aid planning, but to assess our children through each skill we teach. These are updated termly and follow each child throughout the school so we can monitor progress effectively.

PARTICIPATION

All pupils are expected to participate in physical education lessons. On occasions, when children are physically incapable of participating, they will be encouraged to view the lesson

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and use their skills of analysis and evaluation to help others improve. When a child repeatedly forgets his/her kit then the parents will be informed.

SPECIAL EDUCATIONAL NEEDS

When needed, the teacher will modify language, activities and equipment to meet an individual's need and every opportunity will be taken to refer to the school's Special Needs Policy.

CLOTHING

- All pupils are expected to be appropriately dressed. At Blackford CE Primary School this is a t-shirt, shorts/joggers, trainers/pumps and may have bare feet in the hall depending on the activity.
- In cold weather children may wear tracksuit tops and bottoms.
- Earrings cannot be worn for PE.

HEALTH AND SAFETY

The booklet 'Safe Practice in Physical Education' (BAALPE) provides guidance for our policy. Lindsey Slater is responsible for ensuring safe practice on a day to day basis.

SPORTS PREMIUM FUNDING

Our sports' premium funding is used each year to make additional and sustainable improvements to the quality of the PE, physical activity and sport that we provide. We report on this spending at the end of each academic year and share this on our website.

Author/Owner	Date Written / Updated	Approved by Governors	Comments
Mrs L Smith	Sept 2010		
		June 2013	Curriculum committee
	May 2015	June 2015	
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Mrs S Combe	Sept 2022		
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Mrs S Combe	Oct 2024		

To be reviewed by governors in line with policy review timetable.