

Class 3 (4/5/6) Jigsaw (PSHE) LTP

	Autumn		Spring		Summer	
A 2024 - 2025	BM (Being Me in My World) 'Who am I and how do I fit?' (Year 4)	CD (Celebrating Difference) Respect for similarity and difference. Anti-bullying and being unique (Year 4)	DG (Dreams and Goals) Aspirations, how to achieve goals and understanding the emotions that go with this. (Year 4)	HM (Healthy Me) Being and keeping safe and healthy. (Year 4)	RL (Relationships) Building positive, healthy relationships. (Year 4)	CM (Changing Me) Coping positively with change. (Year 4/5/6)
B 2025 – 2026	BM (Being Me in My World) 'Who am I and how do I fit?' (Year 5)	CD (Celebrating Difference) Respect for similarity and difference. Anti-bullying and being unique (Year 5)	DG (Dreams and Goals) Aspirations, how to achieve goals and understanding the emotions that go with this. (Year 5)	HM (Healthy Me) Being and keeping safe and healthy. (Year 5)	RL (Relationships) Building positive, healthy relationships. (Year 5)	CM (Changing Me) Coping positively with change. (Year 4/5/6)
C 2026 - 2027	BM (Being Me in My World) 'Who am I and how do I fit?' (Year 6)	CD (Celebrating Difference) Respect for similarity and difference. Anti-bullying and being unique (Year 6)	DG (Dreams and Goals) Aspirations, how to achieve goals and understanding the emotions that go with this. (Year 6)	HM (Healthy Me) Being and keeping safe and healthy. (Year 6)	RL (Relationships) Building positive, healthy relationships. (Year 6)	CM (Changing Me) Coping positively with change. (Year 4/5/6)