

Class 1 (EYFS/1) Jigsaw (PSHE) LTP

	Autumn		Spring		Summer	
A 2024 - 2025	BM (Being Me in My World) 'Who am I and how do I fit?' (Year 1)	CD (Celebrating Difference) Respect for similarity and difference. Anti-bullying and being unique (Year 1)	DG (Dreams and Goals) Aspirations, how to achieve goals and understanding the emotions that go with this. (Year 1)	HM (Healthy Me) Being and keeping safe and healthy. (Year 1)	RL (Relationships) Building positive, healthy relationships. (Year 1)	CM (Changing Me) Coping positively with change. (Year EYFS/1)
B 2025 – 2026	BM (Being Me in My World) 'Who am I and how do I fit?' (Year EYFS)	CD (Celebrating Difference) Respect for similarity and difference. Anti-bullying and being unique (Year EYFS)	DG (Dreams and Goals) Aspirations, how to achieve goals and understanding the emotions that go with this. (Year EYFS)	HM (Healthy Me) Being and keeping safe and healthy. (Year EYFS)	RL (Relationships) Building positive, healthy relationships. (Year EYFS)	CM (Changing Me) Coping positively with change. (Year EYFS/1)